

# Saint Lawrence Catholic Church

120 N. Gatewood Street, Lawrenceburg, KY 40342

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March 15-March 16  
The Second Sunday of Lent

**As Catholic disciples of Jesus Christ and His Church, we respond to our Lord's Invitation to be faithful in prayer, celebrate the Sacraments, deepen our faith through lifelong formation, serve those in need, and invite others to the fullness of the Catholic faith.**

## St. Lawrence Welcomes

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Welcome! We are glad you are here to worship with us. Whether you are a cradle Catholic, or this is your first time at a Catholic Mass; whether you are a lifelong member of St. Lawrence or a visitor to our parish we are blessed by your presence. If you are new to our parish or a visitor, be sure to introduce yourself to Fr. Steve on your way out of Mass.

If you are interested in joining our parish, or have questions about the Catholic Church and St Lawrence parish, mention it to Father Steve and call 502-839-6381 or email us at [stlawrencenews@cdlex.org](mailto:stlawrencenews@cdlex.org)



### **Weekday Mass**

Tuesday: 6:00pm  
Saturday  
Wednesday 8:30am  
Thursday: 8:30am  
Friday: 11:30am

### **Weekend Mass**

Vigil: 5:30pm  
Sunday: 9:30am  
Sunday 6pm (Spanish)

### **Holy Day Masses**

6:00pm Vigil the evening before  
11:30am Day of Obligation

### **Adoration**

Wednesday 9:00am - 8:00pm  
**Benediction** 8:00pm

### **Reconciliation**

Saturday: 4:45 - 5:15pm  
Sunday: 8:45 - 9:15am  
or by appointment

## St. Lawrence Connects

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Live stream Sunday Mass on YouTube, Facebook, FM 76  
[stlawrencenews@cdlex.org](mailto:stlawrencenews@cdlex.org)

[www.saintlawrencecatholicchurch.org](http://www.saintlawrencecatholicchurch.org)

Look for us on Facebook!

To sign up on Flocknote Text STLAWKY to 82546 to join.

On Flocknote at <https://stlawrencecatholicchurch4.flocknote.com>

# How Can We Help You?

**Fr. Steve Roberts MD, STL**  
 Priest/Pastor  
 sroberts@cdlex.org

**Dcn Frank Villalobos**  
 Deacon  
 deaconfrank@outlook.com

**Anna Courtney**  
 Business Office Mgr.  
 acourtney@cdlex.org

**Rita Redden**  
 Administrative Assistant  
 stlawrencenews@cdlex.org

For all regular inquiries including registering for CCD, prayer requests, appointments with Fr. Steve call **502-839-6381 ext. 5**

**For Sacramental Emergencies ext. 1**

# St Lawrence This Week

March 16–March 22, 2025

<p><b>Sunday, March 16</b>        8:45am Reconciliation        9:30am Mass        10:30am K of C Pancake Breakfast        11:00am Book Study        11:00am OCIA, CCD        6:00pm Spanish Mass</p>	<p><b>Monday, March 17</b>        2:00pm Catholic Way Bible Study-FLC</p>
<p><b>Tuesday, March 18</b>        Office closes 2pm        6:00pm Mass        6:30pm Choir Practice</p>	<p><b>Wednesday, March 19</b>        8:30am Mass        9am– 8:pm Adoration        4pm-8pm Rosary Makers-Blandford Hall        8:00pm Benediction        6:30pm-8:00pm OCIA Spanish-Adult</p>
<p><b>Thursday, March 20</b>        8:30am Mass        6:30pm Knights of Columbus Meeting- FLC</p>	<p><b>Friday, March 2</b>        11:30am Mass        5pm-7pm Fish Fry        7pm-8pm Stations of the Cross        6:00pm-8:00pm Youth Group FLC</p>
<p><b>Saturday, March 21</b>        11:00 Prayer Group        4:45pm Reconciliation        5:30pm Mass        6:30pm Dinner with the Gospel</p>	<p><b>Live stream Sundays on YouTube, Facebook., FM 76</b>  <b>More events at:</b>  <a href="http://www.saintlawrencecatholicchurch.org/news">www.saintlawrencecatholicchurch.org/news</a></p>

Information for the bulletin must be received by 2:00pm on Tuesday. Send information to [stlawrencenews@cdlex.org](mailto:stlawrencenews@cdlex.org). Information will need to be approved and may be edited.

**This Week’s Mass Readings Scan here:**



# LENT STARTS

## ASH WEDNESDAY



### WHAT IS LENT?

Ash Wednesday begins the 40 days before Easter Catholics call Lent. We practice prayer, fasting, and sacrifice.

### WHAT ARE FASTING AND ABSTINENCE?



#### Fasting

Catholics who are 18-58 years old are required to keep a limited fast: a single, normal meal & 2 snacks.

Ash Wednesday & Good Friday



#### Abstinence

Catholics 14 years & older are required to abstain from eating meat and fowl.

Ash Wednesday & Fridays of Lent



### Do I have to give up something for Lent?

No. Giving something up is a beneficial custom. You can give up something you enjoy, engage in physical or spiritual acts of mercy for others, pray, fast, abstain, go to confession, and other acts expressing repentance in general.

### WHEN DOES HOLY WEEK BEGIN?



Jesus' triumphal entrance into Jerusalem on **Palm Sunday** begins Holy Week.



#### HOLY TRIDUUM STARTS

with the Mass of the Lord's Supper on Holy Thursday when Jesus celebrated the first Mass, AND LENT OFFICIALLY ENDS.



**Good Friday** marks the anniversary of the crucifixion and death of Jesus Christ on the cross.



#### HOLY SATURDAY

Our Lord lay in the tomb Holy Saturday before his resurrection.



### EASTER SUNDAY

the Resurrection of Christ, is the greatest holy day of the Christian year!



CATHOLIC.COM

## Dates to Remember:

Rice Bowl Collection continues through April 20  
Fish Fry Fridays 5-7pm, March 7<sup>th</sup>-April 11<sup>th</sup>  
Stations of the Cross Fridays 7-8pm, March 7<sup>th</sup>-April 11<sup>th</sup>  
Second Sunday Lent March 16<sup>th</sup>  
Third Sunday Lent: March 23<sup>rd</sup> Scrutinies  
Penance Service: March 26<sup>th</sup> 6pm  
Fourth Sunday Lent: March 30<sup>th</sup> Scrutinies  
Fifth Sunday Lent: April 6<sup>th</sup> Scrutinies  
Confessions heard 4-5:45pm: April 8<sup>th</sup>  
Palms Sunday: April 13<sup>th</sup>

## Fasting and Almsgiving

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As we enter into Lent we fast as a way to spiritually prepare for Easter by imitating Jesus' 40 days of fasting in the desert, practicing self-denial, and making more room in their lives for God through a physical act of sacrifice, essentially deepening their connection to Christ's suffering and ultimately celebrating his resurrection with greater appreciation; this practice is considered a form of penance and is meant to be accompanied by increased prayer and acts of charity.

We will again be collecting money for the Food Pantry. Please consider donating the money you would have spent on your meal in the box in the narthex as a donation to others in need. Or, bring a food donation to the food box in the narthex.

### About the Rice Bowls:

CRS Rice Bowl is the Lenten program of Catholic Relief Services, the official relief and development agency of the United States Conference of Catholic Bishops.

Rooted in the history of the Eucharistic Congress, CRS Rice Bowl invites Catholics and faith communities in the United States to encounter God and our global family throughout Lent by practicing the pillars of prayer, fasting and almsgiving. Lenten alms donated through CRS Rice Bowl support the work of CRS in more than 120 different countries each year. Twenty-five percent of donations to CRS Rice Bowl stay in the local diocese, supporting hunger and poverty alleviation efforts. Since its inception in 1975, CRS Rice Bowl has raised more than \$350 million.

## St. Lawrence Prayer Groups

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Small Group Lenten prayer meetings have begun. If you have not yet been contacted by your group leader, or would like to attend a group session, please contact Fr. Steve at [sroberts@cdelex.org](mailto:sroberts@cdelex.org). Scripture text will be provided.

### Holy Week

Holy Thursday: April 17 <sup>th</sup>	Mass 6pm
Good Friday: April 18 <sup>th</sup>	Mass 6pm
Easter Vigil: April 19 <sup>th</sup>	Mass 8:30pm
Easter Sunday: April 20 <sup>th</sup>	Mass 9:30am

### Divine Mercy

#### Second Sunday of Easter- Sunday April 27<sup>th</sup>

First Communion	Mass 9:30am
Celebration Potluck	10:30am
Activities begin	12 noon
Adoration of the Blessed Sr. Faustina	2pm

## St. Lawrence Worships

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### Liturgical Ministers

Date	Time	Sacristan	EMOHC	Lectors	Greeters	Altar Server	Musician
March 15	5:30pm	Sally	Joy & Andrea	Christine B & Mary C	Gail B & Brenda P		
March 16	9:30am	Lupe	John & Joann	Dave N & Bill G	Christian & Kathy	Eli, Henry, Connor	Libby
16 de marzo	6:00pm			Alexander & Karina		Alex, Axel, Mario	16 de marzo
March 22	5:30pm	Gail B	Sue R & Lisa	Anne G & Sally	Jeannie & Andrea		
March 23	9:30am	John S	Bob C & Jeff	Diana N & Sue L	Bill & Jeanette	Jordan, Zeke	Libby
23 de marzo	6:00pm			Leoncio & Lorena		Yazmin, Ximena	

### Mass Intentions

Saturday	March	15	†Deceased members of the Thompson family
Sunday	March	16	Parishioners of St. Lawrence
Sunday	March	16	†Alfred & Cecilia Spartz
Tuesday	March	18	†Ona Burgin Hart
Wednesday	March	19	†Bud Clark
Thursday	March	20	†Magdalene Studnski
Friday	March	21	†Bill & Deloris Stillwell

### Spiritual Directions

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#### Why Catholics don't eat meat on Fridays during Lent

*Here is the real reason why Catholics don't eat meat on Fridays and why fish is on the menu instead.*

Catholics are among the only Christians who freely don't eat meat on Fridays during Lent. In fact, you know you are in a Catholic town when, only during Lent, every single restaurant advertises one item on their menu: fish!

I have even noticed how major fast-food chains point out on their fliers the date of Ash Wednesday! Suddenly everyone cares about the liturgical seasons of the Church!

So why is it that the Church instructs Catholics to abstain from meat on Fridays (as well as Ash Wednesday and Good Friday), but gives the "thumbs-up" for Catholics to eat fish? Sounds fishy to me!

## Why Catholics don't eat meat on Fridays

First of all we must ask the question, "why Friday?" The USCCB gives a succinct explanation:

*"Catholic peoples from time immemorial have set apart Friday for special penitential observance by which they gladly suffer with Christ that they may one day be glorified with Him. This is the heart of the tradition of abstinence from meat on Friday where that tradition has been observed in the holy Catholic Church."*

Since it is believed Jesus Christ suffered and died on the cross on a Friday, Christians from the very beginning have set aside that day to unite their sufferings to Jesus. This led the Church to recognize every Friday as a "Good Friday" where Christians can remember Christ's passion by offering up a specific type of penance.

For much of the Church's history, meat was singled out as a worthy sacrifice on account of its association with feasts and celebrations. In most ancient cultures meat was considered a delicacy and the "fattened calf" was not slaughtered unless there was something to celebrate.

Since Fridays were thought of as a day of penance and mortification, eating meat on a Friday to "celebrate" the death of Christ didn't seem right. (As an aside, some bishops have chosen to lift the ban when St. Patrick's Day falls on a Friday during Lent, as it is considered a "solemnity" for many Irish Catholics.)

### But why is fish not considered "meat"?

According to the USCCB, the laws of the Church classify the abstinence from "land animals."

Abstinence laws consider that meat comes only from animals such as chickens, cows, sheep or pigs - -- all of which live on land. Birds are also considered meat. Fish, on the other hand, are not in that same classification.

Fish are a different category of animal. Salt and freshwater species of fish, amphibians, reptiles (cold-blooded animals) and shellfish are permitted. In Latin the word used to describe what kind of "meat" is not permitted on Fridays is *carnis*, and specifically relates to "animal flesh" and never included fish as part of the definition. Additionally, fish in these cultures was not considered a "celebratory" meal and was more of a penance to eat.

Our current culture is much different as meat is generally considered the cheaper option on the menu and no longer has the cultural connection to celebrations. This is why many people are confused about the regulations, especially those who love to eat fish and do not consider it a penance.

In the end, the Church's intention is to encourage the faithful to offer up a sacrifice to God that comes from the heart and unites one's suffering to that of Christ on the cross. Meat is given as the very basic penance, while the purpose of the regulation should always be kept in mind.

For example, it does not necessarily give a person the license to eat a lobster dinner every Friday in Lent. The whole point is to make a sacrifice that draws a person closer to Christ, who out of love for us made the ultimate sacrifice a person can make. *From Aleteia by Philip Kosloski - updated on 03/04/2*

### 3 Three-word prayers to turn your day around (Arrow Prayers)

*The slightest call on grace will bring God's help to rain down upon us.*

God is unfailingly near us, and ever speaking to our hearts, but the occupations of the day often keep us from remembering his presence. To grow in love for our Creator, we must occasionally call to mind his closeness, and speak to him.

Our words can be as simple as any greeting we'd make to a parent, child, spouse, or sibling in the same room as us.

“Jesus, I trust in you,” is one example. Or simply, “Abba.”

“Jesus, be Jesus in my life” can be a beautiful prayer.

Sometimes it's good to have one of these arrow prayers on repeat in our minds.

Here are three quick prayers of just three words that can turn our day around when things get busy, stressful, or difficult.

#### 1 MY JESUS, MERCY.

John Paul II considered divine mercy as the limit God puts on evil. Thus, when things are going wrong in our hearts or in our surroundings, call on his mercy. Imagine him reining in suffering and evil, perhaps with the image of an angry dog held firmly on a leash, or with the image of Moses holding the Red Sea at bay for the Israelites to pass through.

The devil is like a dog in chains, and he'll bite if you draw close, says Pope Francis  
Read also : The devil is like a dog in chains, and he'll bite if you draw close, says Pope Francis

#### 2 I TRUST YOU. (OR, I THANK YOU)

Expressing our trust in Jesus is at the heart of the Divine Mercy image revealed by Our Lord to St. Faustina. As well, it is good to remember that gratitude plugs us into reality, which can save us from the anxiety raging in our minds and hearts. There truly is so much to be thankful for. When we express thanks, we are simply acknowledging that fact.

#### 3 JESUS, MARY, JOSEPH.

Thinking of the Holy Family can make us feel overwhelmed. We are so far from having the kind of home life they had! But, this reaction omits a key fact. The Holy Family is not only an example of how we should live, but importantly, it is the source of the grace we need in order to live as they did. Jesus, at the heart of this family, is ready to give us all the help we need. Say their names as a prayer to Jesus for his help in our family life.

*From Aleteia by Kathleen N. Hattrup - published on 06/08/21*

## St. Lawrence Prays

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### For Those in Need

**Parishioners:** Tina Akers, Jim Bach, Tommy Brown, Dr. Glyn Caldwell, John Casper, Terry Cherry, Rosalie Covello, Lupita Molina Del Porte, Tabitha Edington, Terry Elder, Shirley Eldridge, David Foye, John Friel, Frank Goin, Kendall Harper, Betty Hettinger, Darrell Mach, Jo Johnson, Jim Martin, Walter Metcalf, Kathy Mirilovich, Bob Moses, Shirley Norris, Laura Obertal, Mark Salazar, Ellen Silvernail, Bob Simon, Ron Stohr, Ron Williams

**Family & Friends:** Shannon O'Connor (R. Silvernail) Shirley Durr (J. Bozorgzad); Michael Caldwell (G. Caldwell); Barbara Cann (L. Cann); Kenny Blair (P. Crane); Nina Larson, Fr. Jeff Estacio (A. Courtney); Kathleen & Carl Riester, Susan & John Nelson, Nick Doyle, Erica, John & James Nelson, Ryan Bickell (A. Dull); Jeff Ryan, Cammie Marshall (A Goin); Loretta and Shelby Newton (Libby H); Alli Johnson (Jo J); Benny Young, Marguerite Wordell (Patti Marraccini); Houghland Family, (K. Mirilovich); Ann Simpson (A. Pike); Rev. Rodney Stewart-Wilcox & Rev. Ronda Stewart-Wilcox, (R. Redden); Valerie Potter (S Ricci); Cynthia & Alan McMillen, Susie & Bob Schutz, Richard, Jeff & Iva Warren (M. Roark); Tim Tucker, Donna Amody, Bobby Hunter, Janet Hill (S. Rue); Ralph Roberts, Jim Reid (Fr. Steve); Jacen Hoyt (J. Stohr); Pam Hall, Gary Briscoe (B. Sloan); Lavolia Snell, (S Sloan); Shawna Timmerman, Mary Ann Hansen, Machell Adams, Caroline Elder (MJ Timmerman); Terry Thompson, Danny McCann, Mike Rakestraw (J. Thompson); Martha Clark, Lou Ann Clark (N Thompson); Vidalina Mojica, Angelina Bermudez, Jose Bermudez (G. Twohig); Douglas Wade Jr. (J. Wade); Max Wilburn, Julie Van Hook (M White); Carolyn & Ralph Booth (M. Yeager) Jamie Popp (N. Thompson)

**Those who serve our country:** Shane Carey, Alex Crane, Hugh Devane, Konner Larson, David Lanier Jr., Colt Litkenhus, Mike LoSchiavo Jr., Travis Nicolette, Bill Redding, Clayton Riddle, Todd Rucker, Jacob Silvernail, Matthew Spencer

**For the intentions in our hearts and for all those who are suffering.**

## St. Lawrence Formation

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### Other Events

**Adult Formation Book Study** meets this Sunday. Please join us in Blandford Hall after Mass next Sunday as we continue with the series, "Parousia, The Bible and the Mass." Coffee and refreshments will be available in Blandford Hall.

**Choir practice** meets on Tuesdays in the Church at 6:30 PM. We will be preparing for Holy Week and Easter. If you have any questions, just give Jane Wade a call at 859-576-6288.

**The Lenten Penance Service** will be on March 26<sup>th</sup> at 6pm.

**Catholic Way Bible Study** meets at 2:00pm in the Family Life Center.



**Religious Education (CCD), grades K-8** classes meet from 11:00am-12:00noon in the CCD classrooms at Gabriel Hall.


**Order of Christian Initiation of Adults (OCIA)** classes meets Sunday, from 11:00am-12:00noon in the classroom.

**Spanish OCIA and Faith Formation** will meet Wednesdays from 6:30-8:00pm in Gabriel Hall.

**Young Adult Ministry “Dinner with the Gospel”** will meet on Saturday after 5:30pm Mass at the parish rectory.


**Youth Group** Come join us for fun, formation, friendship and activities Fridays from 6-8 in the Family Life Center.

## St. Lawrence Gives





*Walking with You in Your Grief*

The grief of losing a loved one through death is a long winding journey that touches on all aspects of ourselves-including our spiritual, emotional, and mental needs. We hope to introduce a better understanding of healing, spiritual optimism, reconciliation, and deep listening.




We invite you to join us on Sunday, March 30th at 3:00 p.m. in Hehman Hall of the Cathedral of Christ the King to hear guest speaker Father Steve Roberts, Pastor of St. Lawrence parish in Lawrenceburg, KY.

Cathedral of Christ the King  
299 Colony Blvd.  
Lexington, KY 40502

Please use the attached QR Code for a short survey of how we can better serve you through your grief.

For more information or in response to coming, contact **Linda Haruey, Coordinator** at (859)333-8593 or at [CMHMministry@cdlex.org](mailto:CMHMministry@cdlex.org)



Saturday	March 8	78	Offertory	\$6,014.00
Sunday	March 9	0	Building	\$0
Domingo Español	Mar 9		Diocesan Collection	\$1,018.00

## St. Lawrence Serves

### Open Hands Pantry

If you would like to help feed the hungry of Anderson County-The next meal is scheduled for, **April 3, 2025**. Please place donated items in the basket in the Narthex by **Sunday, March 30th**. **Menu:** Chicken casserole, Rice, Peas, Fruit salad, Dinner roll, Dessert ; **Needed for Dinner:** Pineapple tidbits, Mandarin oranges, **Instant** vanilla pudding mix, Rice, Mayonnaise, Chicken broth; **Always needed:** Cooking oil, Sugar, Peanut Butter, Salmon, Beef stew, Canned chicken, vegetables.

### Other Events

**St. Lawrence Welcome Committee.** If you would like to help, please contact Rochelle Silvernail, evenings or on weekends, at [rochelle.silvernail@gmail.com](mailto:rochelle.silvernail@gmail.com) or phone: 859-619-6509

**Rosary Makers** will meet on Wednesday March 19<sup>th</sup> from 4:00-8:00pm in Blandford Hall. This is a drop in meeting, come as you can, and stay as long as you like. Anyone interested in making rosaries or learning new techniques is welcome to join us.

## St. Lawrence Community

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**This Week's Birthdays** 3/18 Eduarda Alvarez 3/19 Michele Daigle, Kennedy Wireman 3/21 Kim Laswell 3/22 Renee Gettelfinger, Annette Riddle

## Ministry Committee Chairs

<b>Pastoral Council</b>	Robin Basham		<b>Finance Council</b>	Annette Riddle
<b>Liturgy</b>	Deacon Frank Villalobos		<b>Religious Education</b>	Robin Basham
<b>Sacristans</b>	Robin Basham		<b>Altar Servers</b>	Deacon Chris Cecil
<b>EMOHC</b>	Monty Collingsworth		<b>Lectors</b>	Sue Litkenhus
<b>Greeters</b>	Denis King		<b>Altar Society</b>	Cathy Figlestahler, Robin Basham
<b>Homebound Ministry</b>	Joy Bozorgzad		<b>Funeral Coordinator</b>	Pat Miller
<b>Bible Study</b>	Marcia Roark		<b>Mowing Team</b>	Bob Figlestahler
<b>Open Hands Food Pantry</b>	Andrea Dull, Lisa Cann		<b>Hispanic Committee</b>	Maria Gonzalez
<b>Knights of Columbus</b>	Johnny Benningfield		<b>Women's Ministry</b>	Vanna Armstrong, Diana Nichols
<b>Rosary Makers</b>	Donna Nicolette		<b>Laudato Si</b>	Andrea Dull (interim)
<b>Youth Group</b>	Henry Sepulveda		<b>Outreach</b>	Jim Martin, Andrea Dull
<b>Young Adult</b>	Hannah Meiers, Mike Armstrong		<b>Welcome Committee</b>	Rochelle Silvernail
<b>Martha's Ministry</b>	Sue Litkenhus			

## St. Lawrence Families

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### 8 Budget-friendly staycation ideas for spring break fun

*Here are our favorite ideas for a fun and unforgettable spring break for your family that won't break the bank.*

Spring break is coming up for many families, and if a big trip isn't in the cards this year, there are so many ways to enjoy time together near home.

Here are our ideas for a fun and unforgettable spring break that won't break the bank. Pick an idea or two from this list, and share how it goes and your ideas in the comments below.

#### TRAVEL THE WORLD FROM HOME

Create a global adventure by learning all about a different country. You could even pick one for every day of the week!

Check out books about your chosen country from the library. . . . Then cook a traditional food from that country, or visit a restaurant featuring that cuisine.

If you want to dive deeper, watch a movie or documentary set in that country, or create art or crafts inspired by the country's traditions.

I have to credit a delightful book called *Give Your Child the World: Raising Globally Minded Kids One Book at a Time* for this idea. Check it out for a lot more in-depth ways to “travel the world from home” with your kids.

And if you're not sure where to start . . . My kids and I enjoyed reading *Anna Hibiscus* and then making puff-puff, a Nigerian dessert. Yum!

#### PLAN A FAMILY PILGRIMAGE

Making a pilgrimage to a holy site is a beautiful and powerful way to grow in your faith as a family. To quote the great Emily Stimpson Chapman on why it's worth taking young kids on a pilgrimage:

The graces of pilgrimage are real. They are powerful. And their effects are long. I don't know when my children will need the resources of deep grace they are building up through their encounters with saints and holy places, but I love knowing those graces are there for them when they need them.

This Jubilee Year is the perfect time for a family pilgrimage. Bishops across the U.S. have announced special designated Jubilee pilgrimage sites throughout their dioceses. Find one near you and visit over spring break. Here's a handy interactive map to help you find it!

In my family, we like to stop for ice cream after the pilgrimage . . . just in case you need to sweeten the deal!

#### MOVIE NIGHT SLEEP-UNDER

My kids are too young for sleepovers, but they're looking forward to a “sleep-under” with their friends. They plan to wear PJs, play games, and watch a movie together . . . and then head home at a reasonable hour to sleep in their own beds. Put sleeping bags on the floor or make a blanket nest to make it even more fun and cozy.

#### THE COZIEST READING TIME

You know how much I love encouraging my kids to get excited about cozy reading time.

Take it to the next level with a library outing to stock up on a pile of good reads. Then come home and build a blanket fort, and sit inside it to read all those new books together. (I think I just described my perfect day...)

#### FAMILY BAKE-OFF

I love baking, and now my kids have embraced this hobby too and started trying out their own simple recipes. Things like 3-ingredient peanut butter cookies are easy enough that even my 6-year-old can make them (mostly) on her own.

Make a fun and friendly competition out of baking. Have each child pick a recipe to make, then vote on the results at the end. We all have fun taste-testing and reviewing the end results.

## FAMILY BOOK CLUB

Read a book together as a family, then celebrate with a little family book club! Dress up as favorite characters, make foods mentioned in the book, and make a list of trivia questions or charades scenes from the book to make a game out of it.

## GET ACTIVE TOGETHER

My kids run circles around me, so I try to channel their energy into lots of movement to tire them out for bedtime! You could plan an active adventure in countless ways, and here are a few of my favorites:

- Go on a hike and end with a picnic, or do a nature scavenger hunt along the way (I tell my kids to “Look for signs of spring”)
- Throw a kitchen dance party to all your favorite songs
- Make an indoor obstacle course or play “the floor is lava”
- Visit a rock climbing gym or indoor pool
- Invite your kids’ friends to bring their bikes and meet up for a “bike parade” in an empty parking lot
- Visit a playground you’ve never been to before

## SET UP AN AT-HOME SPA DAY

Enjoy a little R&R with the kids by setting up a spa day at home. Make homemade face masks, soak in a bubble bath, and give each other massages.

Hopefully these ideas give you a good starting point for family fun over the break! You can include the kids in the planning, perhaps making a list of what you want to do each day or creating a “Spring Break Bingo” card.

What makes break fun is the chance to spend quality time together as a family. Kids just want to spend time with their parents. As long as you’re having fun together, your kids will make amazing memories.

*From Aleteia by Theresa Civantos Barber - published on 03/07/25*

## St. Lawrence Appreciates

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**STRAW'S  
ELECTRIC**

Mike Rakestraw  
President

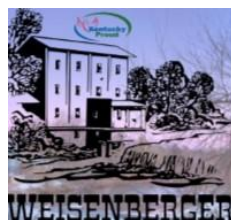
Mike@strawselectric.com      1011 Bonds Mill Road  
Cell: 502-680-0402              Lawrenceburg, KY 40342

**American Legion Post 34**  
Lawrenceburg, Kentucky



**"Come join the family"**  
Monthly meeting every  
4th Tuesday @ 6:00  
pm

For benefit questions, VA help or basic inquiries, Please Call  
Sally Higgins, Service Officer Post 34 @ 1-303-521-0590



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